



# Suggested Reading



Affair of the Mind, Laurie Hall (spouses of sex addicts)  
Boundaries, Cloud & Townsend (good general book on boundaries)  
Can You Hear Me Now, Dallas & Nancy Demmitt (communication skills)  
Counseling for Sexual Disorders, Clifford L. Penner, Ph.D. (sex education)  
Don't Call It Love, Pat Carnes (sex addiction)  
Faithful & True, Mark Laaser (sex addiction)  
Financial Peace, Dave Ramsey (financial principles)  
Get Out of My Life, Anthony Wolf (for parents of teens)  
Hold Me Tight, Sue Johnson (breaking destructive patterns in marriage)  
I Don't Want to Talk About It, Terrence Real (men's issues)  
Lonely All the Time, Ralph Earle, Ph.D. and Gregory M. Crow, Ph.D. (sex addiction)  
Love Must Be Tough, James Dobson (marriage)  
Sacred Marriage, Gary Thomas (marriage)  
Safe People, Cloud & Townsend (boundaries in dating)  
Seven Principles for Making Marriage Work, John Gottman (marriage)  
Shame: Thief of Intimacy, Marie Powers (shame issues)  
The Five Love Languages, Gary Chapman (love languages)  
The Gift of Sex, Cliff and Joyce Penner (sex education)  
The Money Answer Book, Dave Ramsey (financial principles)  
The Relationship Cure, John Gottman (marriage)  
The Sex-Starved Marriage, Michelle Wiener-Davis (sex in marriage)  
The Sexual Healing Journey, Wendy Maltz (recovery from sexual abuse)  
The Wounded Heart, Dan Allender (recovery from family dysfunction)  
Torn Asunder, David Carder (after the affair—both spouses)